

EAST DISTRICT  
CROSS COUNTRY  
CHAMPIONSHIPS  
Saturday 9<sup>th</sup> December 2006  
GALASHIELS  
Galashiels Academy

Supported by

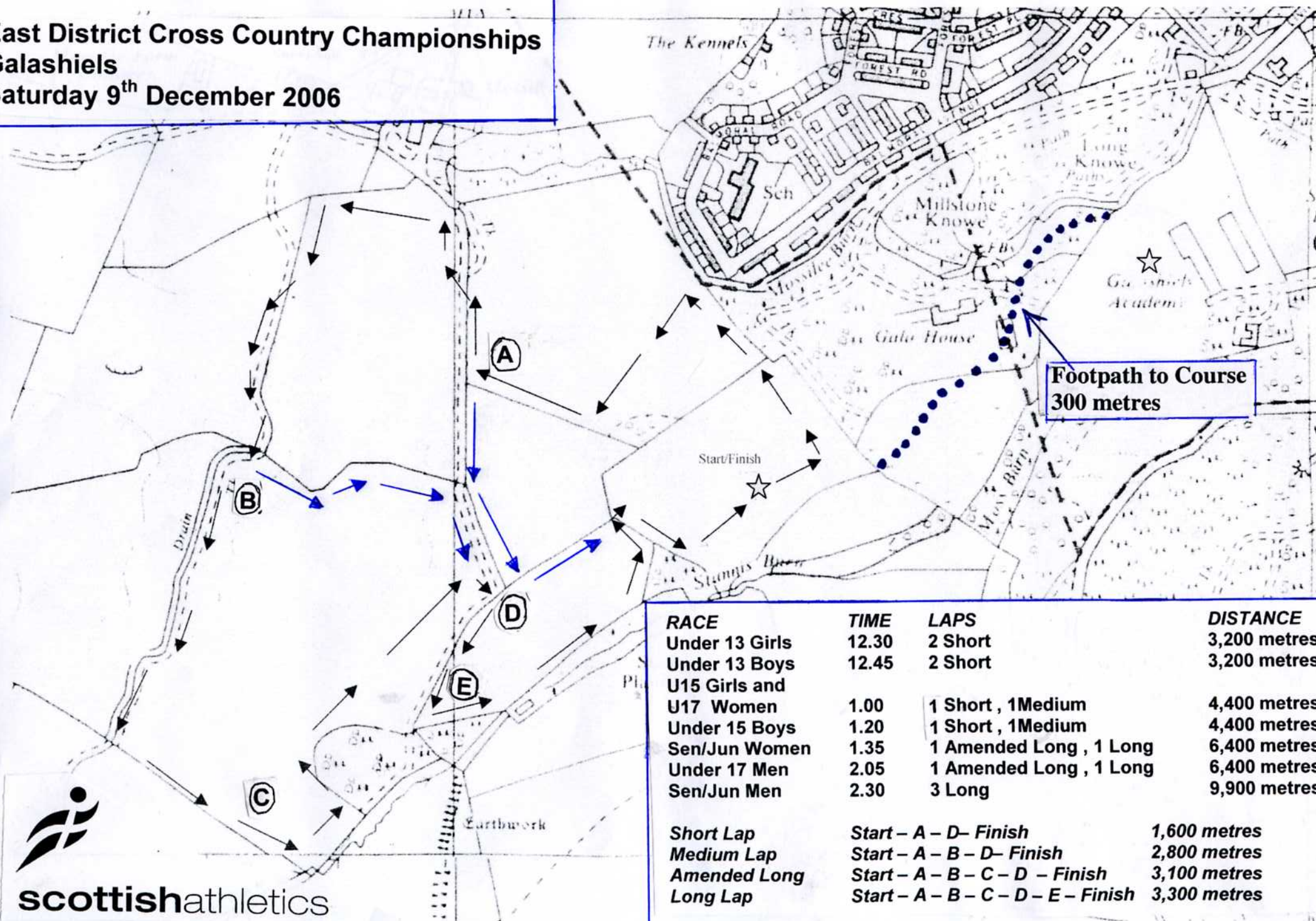
1<sup>st</sup> Race 12.30pm

## OFFICIALS

|                        |                                                                     |
|------------------------|---------------------------------------------------------------------|
| <b>Referee</b>         | <b>Ian Hislop</b>                                                   |
| <b>Clerk of Course</b> | <b>Robin Murray</b>                                                 |
| <b>Judges/Funnels</b>  | <b>Ian Clifton (Chief), Neil Donachie, Phyllis Law<br/>Andy Law</b> |
| <b>Recorders</b>       | <b>Alan Smith (Chief), John Brash, Rachael Halliday</b>             |
| <b>Timekeepers</b>     | <b>Alan Carruthers (Chief) Dave Cairns</b>                          |
| <b>Time Recorders</b>  | <b>Ian Mann, Sandy Cameron</b>                                      |
| <b>Marksman</b>        | <b>Fred McCluskie</b>                                               |
| <b>Starter</b>         | <b>Barry Craighead</b>                                              |
| <b>Announcer</b>       | <b>Bob Gray</b>                                                     |
| <b>Declarations</b>    | <b>Jen Jackson, George McEwan</b>                                   |
| <b>Results</b>         | <b>Peter Jackson, Sheila Smart, Marjory Cook</b>                    |
| <b>Presentations</b>   | <b>Sandra Hardacre</b>                                              |
| <b>Course Marshals</b> | <b>Members of Gala Harriers</b>                                     |
| <b>Doctor</b>          | <b>Fiona Marshall</b>                                               |
| <b>Convenor</b>        | <b>Alex Jackson</b>                                                 |

|               | DISTRICT CHAMPIONSHIPS FINISHERS |             |             |             |              |             |             |             |            |
|---------------|----------------------------------|-------------|-------------|-------------|--------------|-------------|-------------|-------------|------------|
|               |                                  |             |             |             |              |             |             |             |            |
| <b>EAST</b>   | <b>VENUE</b>                     | <b>U13G</b> | <b>U15G</b> | <b>U17W</b> | <b>WOMEN</b> | <b>U13B</b> | <b>U15B</b> | <b>U17M</b> | <b>MEN</b> |
| <b>1995</b>   | <b>Edinburgh</b>                 | <b>49</b>   | <b>38</b>   | <b>31</b>   | <b>64</b>    | <b>55</b>   | <b>58</b>   | <b>54</b>   | <b>240</b> |
| <b>1996</b>   | <b>Aberdeen</b>                  | <b>44</b>   | <b>28</b>   | <b>19</b>   | <b>32</b>    | <b>39</b>   | <b>47</b>   | <b>33</b>   | <b>207</b> |
| <b>1997</b>   | <b>Edinburgh</b>                 | <b>42</b>   | <b>26</b>   | <b>20</b>   | <b>66</b>    | <b>37</b>   | <b>36</b>   | <b>34</b>   | <b>305</b> |
| <b>1998</b>   | <b>Galashiels</b>                | <b>35</b>   | <b>32</b>   | <b>12</b>   | <b>60</b>    | <b>38</b>   | <b>29</b>   | <b>33</b>   | <b>210</b> |
| <b>2000</b>   | <b>Alloa</b>                     | <b>34</b>   | <b>20</b>   | <b>12</b>   | <b>61</b>    | <b>40</b>   | <b>29</b>   | <b>21</b>   | <b>224</b> |
| <b>2001</b>   | <b>Edinburgh</b>                 | <b>26</b>   | <b>23</b>   | <b>9</b>    | <b>62</b>    | <b>39</b>   | <b>32</b>   | <b>20</b>   | <b>250</b> |
| <b>2002</b>   | <b>Livingston</b>                | <b>30</b>   | <b>21</b>   | <b>8</b>    | <b>56</b>    | <b>33</b>   | <b>35</b>   | <b>27</b>   | <b>211</b> |
| <b>2003</b>   | <b>Edinburgh</b>                 | <b>35</b>   | <b>27</b>   | <b>8</b>    | <b>61</b>    | <b>33</b>   | <b>39</b>   | <b>25</b>   | <b>232</b> |
| <b>2004</b>   | <b>Falkirk</b>                   | <b>39</b>   | <b>27</b>   | <b>14</b>   | <b>83</b>    | <b>53</b>   | <b>35</b>   | <b>24</b>   | <b>242</b> |
| <b>2004/5</b> | <b>Stirling</b>                  | <b>44</b>   | <b>38</b>   | <b>14</b>   | <b>94</b>    | <b>52</b>   | <b>52</b>   | <b>31</b>   | <b>239</b> |
| <b>2005/6</b> | <b>Aberdeen</b>                  | <b>34</b>   | <b>36</b>   | <b>15</b>   | <b>67</b>    | <b>26</b>   | <b>34</b>   | <b>30</b>   | <b>163</b> |
| <b>2006/7</b> | <b>Galashiels</b>                |             |             |             |              |             |             |             |            |
|               |                                  |             |             |             |              |             |             |             |            |
| <b>WEST</b>   |                                  |             |             |             |              |             |             |             |            |
| <b>1995</b>   | <b>Stepps</b>                    | <b>69</b>   | <b>42</b>   | <b>28</b>   | <b>60</b>    | <b>71</b>   | <b>69</b>   | <b>44</b>   | <b>229</b> |
| <b>1996</b>   | <b>Cumnock</b>                   | <b>49</b>   | <b>56</b>   | <b>23</b>   | <b>59</b>    | <b>62</b>   | <b>53</b>   | <b>46</b>   | <b>218</b> |
| <b>1997</b>   | <b>Girvan</b>                    | <b>48</b>   | <b>50</b>   | <b>21</b>   | <b>42</b>    | <b>52</b>   | <b>48</b>   | <b>40</b>   | <b>162</b> |
| <b>1998</b>   | <b>Cumnock</b>                   | <b>41</b>   | <b>36</b>   | <b>20</b>   | <b>64</b>    | <b>49</b>   | <b>48</b>   | <b>30</b>   | <b>189</b> |
| <b>2000</b>   | <b>Giffnock</b>                  | <b>39</b>   | <b>21</b>   | <b>14</b>   | <b>39</b>    | <b>47</b>   | <b>38</b>   | <b>26</b>   | <b>157</b> |
| <b>2001</b>   | <b>Kirkintilloch</b>             | <b>33</b>   | <b>28</b>   | <b>10</b>   | <b>30</b>    | <b>44</b>   | <b>39</b>   | <b>28</b>   | <b>142</b> |
| <b>2002</b>   | <b>Irvine</b>                    | <b>66</b>   | <b>28</b>   | <b>10</b>   | <b>52</b>    | <b>59</b>   | <b>57</b>   | <b>28</b>   | <b>195</b> |
| <b>2003</b>   | <b>Ayr</b>                       | <b>27</b>   | <b>31</b>   | <b>14</b>   | <b>28</b>    | <b>38</b>   | <b>39</b>   | <b>27</b>   | <b>155</b> |
| <b>2004</b>   | <b>Irvine</b>                    | <b>40</b>   | <b>36</b>   | <b>16</b>   | <b>46</b>    | <b>51</b>   | <b>43</b>   | <b>33</b>   | <b>194</b> |
| <b>2004/5</b> | <b>Kirkintilloch</b>             | <b>44</b>   | <b>36</b>   | <b>13</b>   | <b>46</b>    | <b>50</b>   | <b>51</b>   | <b>27</b>   | <b>171</b> |
| <b>2005/6</b> | <b>Irvine</b>                    | <b>52</b>   | <b>45</b>   | <b>23</b>   | <b>57</b>    | <b>54</b>   | <b>55</b>   | <b>25</b>   | <b>178</b> |
| <b>2006/7</b> | <b>East Kilbride</b>             |             |             |             |              |             |             |             |            |

**East District Cross Country Championships**  
**Galashiels**  
**Saturday 9<sup>th</sup> December 2006**



**Footpath to Course**  
**300 metres**

| RACE                    | TIME  | LAPS                   | DISTANCE     |
|-------------------------|-------|------------------------|--------------|
| Under 13 Girls          | 12.30 | 2 Short                | 3,200 metres |
| Under 13 Boys           | 12.45 | 2 Short                | 3,200 metres |
| U15 Girls and U17 Women | 1.00  | 1 Short, 1 Medium      | 4,400 metres |
| Under 15 Boys           | 1.20  | 1 Short, 1 Medium      | 4,400 metres |
| Sen/Jun Women           | 1.35  | 1 Amended Long, 1 Long | 6,400 metres |
| Under 17 Men            | 2.05  | 1 Amended Long, 1 Long | 6,400 metres |
| Sen/Jun Men             | 2.30  | 3 Long                 | 9,900 metres |

|              |                                    |              |
|--------------|------------------------------------|--------------|
| Short Lap    | Start – A – D – Finish             | 1,600 metres |
| Medium Lap   | Start – A – B – D – Finish         | 2,800 metres |
| Amended Long | Start – A – B – C – D – Finish     | 3,100 metres |
| Long Lap     | Start – A – B – C – D – E – Finish | 3,300 metres |



**scottishathletics**

## Under 13 Girls

## RACE STARTS 12.30

### Aberdeen AAC

185 Katie Bain  
189 Lauren Wilkie

186 Abbey Buchan

187 Kate Murdoch

188 Marven Sneddon

### Arbroath & Dist

190 Naomi Dunphy

### Carnegie H

191 Severine Thompson

### Central AC

192 Shona Buchanan  
196 Kirsty Buchanan

193 Amy Hendry  
197 Ruth McCabe

194 Megan McNab  
198 Fionn Hargreaves

195 Rachel Adamson

### City of Edinburgh

199 Olivia O'Hare  
203 Lee Anne Calvey

200 Faye Kearney

201 Nicola Thomson

202 Laura Robertson

### Corstorphine AAC

204 Lisa Christy

205 Bronwen Edgar

206 Anna Hulme

### Dundee Hawkhill

207 Amy Barton

208 Iona Brodie

209 Aeron Mellish

210 Louisa Stewart

### Edinburgh Southern H

211 Emily Owens  
215 Hannah Baird

212 Caitlin Gray  
216 Jessica Pugsley

213 Rachael Dunn  
217 Eilidh Manson

214 Jennifer Cropley

### Falkirk Victoria H

218 Amy Manson  
222 Jane Ainslie  
226 Sarah Hamilton

219 Hollie Lister  
223 Abby Kemp

220 Lucy Mitchell  
224 Leigh Skelton

221 Caitlin Thomson  
225 Ailsa Scott

### Fife AC

227 Maya Stone  
230 Olivia Collison-Owen

228 Halina Rees

229 Grace Collison-Owen

### Gala Harriers

231 Alice Haining  
235 Claire White

232 Hannah Jones  
236 Kristina Gray

233 Emily Jones

234 Martha Douglas

### Lasswade AAC

237 Madeleine Sweeney-Baird

238 Chloe Thomson

239 Joanna Smith

### Livingston & Dist

240 Blair Wood

241 Laura Rooney

242 Rachael Rooney

243 Nancy Sneddon

### Pitreavie AAC

244 Kathryn Pennel  
248 Katie Reid

245 Sarah Turner  
249 Alix Brewster

246 Megan Kirk

247 Katie Winton

## Under 13 BOYS      RACE STARTS 12.45

### **Aberdeen AAC**

|                       |                  |                 |                    |
|-----------------------|------------------|-----------------|--------------------|
| 251 Joshua Arrowsmith | 252 Elliot Noble | 253 Sigurd Watt | 254 Jeremy O'Neill |
| 255 Connor Adam       | 256 David LaFehr |                 |                    |

### **Banchory Stone**

257 Andrew Melvin

### **Central AC**

|                         |                |                      |                  |
|-------------------------|----------------|----------------------|------------------|
| 258 Conor Kerr          | 259 Ross Milne | 260 Roddy Irvine     | 264 Gordon Milne |
| 261 Alexander Coubrough | 262 Tom Watson | 263 Kelly Carruthers |                  |
| 265 Logan Bonar         |                |                      |                  |

### **City of Edinburgh**

|                  |                   |                |                     |
|------------------|-------------------|----------------|---------------------|
| 266 Tom Holligan | 267 Peter Cameron | 268 Ross Blair | 269 Rory MacFarlane |
| 270 Amil Mair    | 271 Euan McKean   |                |                     |

### **Corstorphine AAC**

|                     |                 |                |                |
|---------------------|-----------------|----------------|----------------|
| 272 Connor Johnston | 273 Craig Nolan | 274 Craig Owen | 275 Tim Sawrey |
| 276 Callum Smith    |                 |                |                |

### **Dundee Hawkhill**

|                   |                     |                |                |
|-------------------|---------------------|----------------|----------------|
| 277 Shaun Dempsey | 278 Michael Overend | 279 David Finn | 280 Jamie Crow |
|-------------------|---------------------|----------------|----------------|

### **Falkirk Victoria H**

|                    |                    |                  |                         |
|--------------------|--------------------|------------------|-------------------------|
| 281 Gavin Ferguson | 282 Scott Stirling | 283 Martyn Craig | 284 Christopher Ogilvie |
| 285 Ben Stevenson  |                    |                  |                         |

### **Fife AC**

|                   |                 |                    |
|-------------------|-----------------|--------------------|
| 286 Ryan McIntosh | 287 Adam Harris | 288 Alasdair Mudie |
|-------------------|-----------------|--------------------|

### **Gala Harriers**

|                    |                 |
|--------------------|-----------------|
| 289 Cameron Gowans | 290 Dylan Howel |
|--------------------|-----------------|

### **George Heriots**

|                    |                     |                      |                 |
|--------------------|---------------------|----------------------|-----------------|
| 291 Sam Harrison   | 292 Daniel Sakovics | 293 Scott MacDougall | 294 Bruce Mouet |
| 295 Matthew Arnold |                     |                      |                 |

### **Lasswade AAC**

|               |               |                   |                      |
|---------------|---------------|-------------------|----------------------|
| 296 Adam Lyon | 297 Ryan Cook | 298 Andrew Loudon | 299 Jonathon Simpson |
|---------------|---------------|-------------------|----------------------|

### **Linlithgow AAC**

|                   |                  |
|-------------------|------------------|
| 300 Jake Wightman | 301 Sam Wightman |
|-------------------|------------------|

### **Lothian RC**

|                       |                    |
|-----------------------|--------------------|
| 302 Daniel McLaughlin | 303 Joe McLaughlin |
|-----------------------|--------------------|

### **Montrose & Dist**

304 Stuart Turner

### **Pitreavie AAC**

|                    |                  |
|--------------------|------------------|
| 305 Callum McQueen | 306 Fergus McGaw |
|--------------------|------------------|

### **Teviotdale Harriers**

307 Josh Noble

## Under 15 Girls

## RACE STARTS 1.00pm

### Aberdeen AAC

339 Rachel Armitage  
343 Gillian Parker

340 Ellie Buchan  
344 Kerry Prise

341 Claire Buchan  
345 Hannah Taylor

342 Harriet McRae  
346 Katie Taylor

### Arbroath & Dist

347 Lauren Shepherd

348 Becky Dunphy

349 Katherine Woodroffe

### Banchory Stone

350 Megan Albon

### Central AC

351 Claire Tunaley  
355 Fiona Cameron  
359 Rosie Hastings

352 Catriona Buchanan  
356 Mairi Gillespie  
360 Eilidh Hargreaves

353 Dawn Kerr  
357 Rebecca Hay

354 Lorna Cameron  
358 Anna Jamieson

### City of Edinburgh

361 Samantha Blair

362 Jenny MacDougall

363 Stacey Pendrigh

364 Megan Gaffney

### Corstorphine AAC

365 Eilidh Nolan

### Dundee Hawkhill

366 Claire Fox  
370 Chelsea Watson

367 Louise Webster  
371 Emily Stewart

368 Suzanne Salmond  
372 Jordan Evans

369 Deanne Brodie  
373 Yolanda Hudson

### Edinburgh Southern H

374 Laura Goodson  
378 Beth Cropley

375 Emily Dudgeon

376 Fiona Trew

377 Claire Florence

### Falkirk Victoria H

379 Megan McLeish

380 Lillian Archibald

### Fife AC

381 Kiri Stone  
385 Kirsty Hamilton

382 Fiona Bracegirdle

383 Lucy Duff

384 Sarah Kelly

### Gala Harriers

386 Gillian Inglis

387 Emily Douglas

388 Gillian Sandie

389 Ashleigh Hedderly

### Lasswade AAC

390 Kathryn Peacock

### Livingston & Dist

391 Jennifer Rogers

### Lothian RC

392 Ashley Stewart

393 Sarah Stewart

394 Lana Turnbull

### Montrose & Dist

395 Katherine Ferrie

### Moorfoot Runners

396 Scout Adkin

### Pitreavie AAC

397 Natalie Fox

398 Olivia Clark

399 Caroline Brewster

400 Melissa Hynd

**Under 15 Boys****RACE STARTS 1.20pm****Aberdeen AAC**

1 Ryan Gauld

2 Lewis Stephen

3 Richard Murdoch

**Banchory Stone**

4 Robbie Simpson

5 Ruairidh Marchant

**Central AC**

6 Scott Green

7 David Hutchison

8 Anthony Gillespie

**City of Edinburgh**

9 Edward Dudgeon

10 Jonathan Wolf

11 Craig Paulin

12 Tom Ryan

13 Nikhil Mair

14 Marc Robson

15 Fraser Mann

16 Lewis Renton

**Corstorphine AAC**

17 Andrew Christy

18 Hamish Hepburn

19 Fraser Scott

**Dundee Hawkhill**

20 Paul Dempsey

21 Reuben Toy

22 David Doull

**Falkirk Victoria H**

23 Graeme MacGregor

24 Kieran Skelton

25 Fraser Stirling

26 Euan Martin

27 Darren Weir

28 James Stevenson

**Fife AC**

29 Liam Hutson

30 Andrew Hood

31 Mark S Buchan

**Gala Harriers**

32 James Haining

33 Craig Frater

34 Andrew McCrirrick

35 Alastair Russell

36 Cameron Fair

**George Heriots**

37 Fraser Gunn

38 Roger Poolman

39 Ross Christie

40 Joshua Yates

41 William Johnstone

**Lasswade AAC**

42 Zander Lyon

43 Peter Loudon

44 William Simpson

**Livingston & Dist**

45 Craig McDowall

**Pitreavie AAC**

46 Craig Robinson

47 Richard Le Good

48 Calum McGaw

## Under 17 Women RACE STARTS 1.00pm

### Aberdeen AAC

|                    |                   |                     |                    |
|--------------------|-------------------|---------------------|--------------------|
| 151 Chantel Clark  | 152 Paula Davies  | 153 Courtney Duff   | 154 Laura Hepburn  |
| 155 Amy Longmuir   | 156 Jill McGrory  | 157 Catherine Nicol | 158 Christie Noble |
| 159 Freya Prentice | 160 Siobhan Prise | 161 Ruth Stephen    |                    |

### Arbroath & Dist

162 Sarah Connolly

### Central AC

163 Rachel Hunter 164 Gemma Milne

### City of Edinburgh

165 Lauren Stoddart

### Corstorphine AAC

166 Kathleen Dempsey 167 Mhairi Hunter

### Dundee Hawkhill

168 Elizabeth MacLeish 169 Yasmine Tosh

### Edinburgh Southern H

170 Rachel Kerr 171 Lynsey Sharp 172 Alice Loudon 173 Catriona Sinclair

### Falkirk Victoria H

174 Ashley Madden

### Fife AC

175 Jenny Tan 176 Jennifer Kibble

### Lothian RC

177 Mhairi Inglis 178 Sarah Inglis

### Montrose & Dist

179 Jade McDonald

### Moorfoot Runners

180 Alexandra Campbell

### Pitreavie AAC

181 Levi Young 182 Sarah Ross 183 Kelly Brewster 184 Rebecca Burns



## Under 17 Men

## RACE STARTS 2.05

### Aberdeen AAC

32 Rory Leslie  
36 Cameron Strachan

33 James Joy

34 Ross Fulton

35 Mark Ibbotson

### Arbroath & Dist

37 Lewis Morrison

### Banchory Stone

38 Andrew Ferguson Jnr

### Central AC

39 Sean Reilly

40 Scott McDonald

41 Alexander Hendry

42 Jonathan Tolson

### City of Edinburgh

43 Chris O'Hare  
47 Graham Leydon

44 Adam MacKenzie

45 Jamie Smith

46 Stewart Fraser

### Corstorphine AAC

48 Niall Waddell

### Dundee Hawkhill

49 Craig Angus

50 Jack Anderson

51 Ryan Conway

### Falkirk Victoria H

52 Ryan Scott

### Fife AC

53 Ryan Ritchie

### Gala Harriers

54 Iain Frater

### George Heriots

55 Charles Brown  
59 Matthew Haigh

56 Jonathan Neville  
60 Lewis Just

57 Graham Dickson  
61 Ben McCullough-Young

58 Douglas Cameron

### Lasswade AAC

62 Scott Anderson

### Livingston & Dist

63 Ian Hardacre

### Lothian RC

64 Robert Inglis

### Montrose & Dist

65 Ian Towle

### Pitreavie AAC

66 Andrew Clark

67 Alan Love

68 Paul McNellis

## Senior/Junior Women    RACE STARTS 1.35pm

### Aberdeen AAC

|                          |                      |                      |                         |
|--------------------------|----------------------|----------------------|-------------------------|
| 1 Sonia Armitage (F45)   | 2 Rhona Buchan (F40) | 3 Laura Mahady (F45) | 4 Hilary Armitage (U20) |
| 5 Charlotte Forbes (U20) |                      |                      |                         |

### Carnegie H

|                          |                        |                           |
|--------------------------|------------------------|---------------------------|
| 6 Sarah Legge (F35)      | 7 Rosalyn Alexander    | 8 Fabienne Thompson (F40) |
| 9 Mehrmaz Campbell (F40) | 10 Laura Stewart (F35) | 11 Nicola May             |

### Carnethy HRC

|                        |                         |                      |                     |
|------------------------|-------------------------|----------------------|---------------------|
| 12 Jill Mykura         | 13 Lucy Colquhoun (F35) | 14 Kate Friend (F40) | 15 Lyn Wilson (F35) |
| 16 Moira Stewart (F45) | 17 Karen Meikle (F45)   |                      |                     |

### Central AC

|                          |                           |                       |                        |
|--------------------------|---------------------------|-----------------------|------------------------|
| 18 Claire Waterhouse     | 19 Emma Waterhouse        | 20 Ainsley Normand    |                        |
| 21 Jane Waterhouse (F50) | 22 Andrina Buchanan (F45) | 23 Alison Docherty    | 24 Mary Kerr (F40)     |
| 25 Fiona Thompson        | 26 Stephanie Loach        | 27 Morag MacLarty     | 28 Hazel Dean (F40)    |
| 29 Tracey McInally       | 30 Morag Adam (F45)       | 31 Sarah-Jane Pickett | 32 Louise Harris (F40) |
| 33 Janice Leitch         | 34 Gillian Gilvear        |                       |                        |

### City of Edinburgh

|                           |                          |                                 |                     |
|---------------------------|--------------------------|---------------------------------|---------------------|
| 35 Nathalie Christie      | 36 Catherine Ferry       | 37 Janet Dunbar (F35)           | 38 Jennifer MacLean |
| 39 Debra Murray           | 40 Sharyn Ramage (F40)   | 41 Eilidh Wardlaw               |                     |
| 42 Joanne Whitehead (F40) | 43 Lianne Harrison       | 44 Marietta Vander Linden (F35) |                     |
| 45 Gillian Palmer         | 46 Heather Scott         | 47 Rebecca Moore                | 48 Sarah Shaw       |
| 49 Victoria Lomax         | 50 Stephanie Lyall (U20) | 51 Louise Crilly (U20)          |                     |
| 52 Ashleigh Kennedy (U20) | 53 Lauren Peffers (U20)  |                                 |                     |

### City of Glasgow

54 Pamela Nicholson

### Corstorphine AAC

|                          |                       |                    |
|--------------------------|-----------------------|--------------------|
| 55 Gillian Cockerell     | 56 Pauline Kell (F35) | 57 Margaret McCaig |
| 58 Rebecca O'Brien (U20) | 59 Megan Smith (U20)  |                    |

### Dundee Hawkhill

|                      |                          |                         |
|----------------------|--------------------------|-------------------------|
| 60 Laura Brown (U20) | 61 Heather Brookes (U20) | 62 Lyndsey Aitken (U20) |
|----------------------|--------------------------|-------------------------|

### Edinburgh Southern H

|                         |                          |               |                       |
|-------------------------|--------------------------|---------------|-----------------------|
| 63 Karen Dobbie (F35)   | 64 Vicky Frew            | 65 Sarah Hood | 66 Susan Ridley (F40) |
| 67 Katie McGregor (U20) | 68 Roslyn Campbell (U20) |               |                       |

### Edinburgh Uni

|                            |                  |                          |                     |
|----------------------------|------------------|--------------------------|---------------------|
| 69 Rosie Smith             | 70 Briony Curtis | 71 Sayaka Maeda          | 72 Mhairi Mackenzie |
| 73 Jennifer Barker         | 74 Anna Haw      | 75 Jessica VanBinsbergen |                     |
| 76 Rowena Bell-Scott (U20) |                  | 77 Hannah Edwards (U20)  |                     |

### Falkirk Victoria H

|                            |                         |                           |
|----------------------------|-------------------------|---------------------------|
| 78 Janette Stevenson (F50) | 79 Fiona Matheson (F45) | 80 Caroline Lawless (F45) |
|----------------------------|-------------------------|---------------------------|

### Ferranti AAC

|                            |                      |
|----------------------------|----------------------|
| 81 Susana Gonzalez-Sanchez | 82 Moira Nicol (F45) |
|----------------------------|----------------------|

### Fife AC

|                                 |                        |                             |                           |
|---------------------------------|------------------------|-----------------------------|---------------------------|
| 83 Sandra Aitken (F45)          | 84 Louise Burt (F40)   | 85 Sarah Cullen             | 86 Kate Fitzpatrick (F35) |
| 87 Lisa Gamble                  | 88 Rhona Graham (F40)  | 89 Phyllis Lemoncello (F50) |                           |
| 90 Varry McCullough-Young (F45) |                        | 91 Margaret McLaren (F45)   |                           |
| 92 Johanna Paananen (F35)       | 93 Louise Provan       | 94 Carrie Ruxton (F35)      | 95 Jocelyn Scott (F50)    |
| 96 Lorna Sibbett (F35)          | 97 Susan Thomson (F35) | 98 Fiona Walker (F40)       |                           |

99 Elizabeth Webb (U20)

**Gala Harriers**

|                           |                            |                         |                        |
|---------------------------|----------------------------|-------------------------|------------------------|
| 100 Katy Anderson         | 101 Rachel Fagan           | 102 Kate Jenkins        | 103 Karen Renton (F45) |
| 104 Gillian Duncan (F35)  | 105 Fiona Dalglish (F35)   | 106 Karen Haldane (F40) |                        |
| 107 Melanie Goodson (F40) | 108 Patricia Affleck (F45) | 109 Nicola J. Meikle    |                        |
| 110 Suzanne Carson (F35)  | 111 Eileen Nicol (F40)     | 112 Dianne Lauder       |                        |
| 113 Leanne Haining (F40)  | 114 Margot Crosbie (F45)   |                         |                        |

**Hunters Bog T**

|                       |                             |                        |                     |
|-----------------------|-----------------------------|------------------------|---------------------|
| 115 Jessica Batterham | 116 Elizabeth Blaber        | 117 Claire Gordon      | 118 Jane Hart       |
| 119 Isobel Knox       | 120 Deborah MacDonald (F45) |                        | 121 Morag McCracken |
| 122 Megan Mowbray     | 123 Sandra Rathjen (F35)    | 124 Janice Smith (F45) | 125 Claire Ward     |

**Lasswade AAC**

|                      |                          |
|----------------------|--------------------------|
| 126 Lorna Rice (F35) | 127 Margaret Imlah (F45) |
|----------------------|--------------------------|

**Livingston & Dist**

|                         |                        |                         |
|-------------------------|------------------------|-------------------------|
| 128 Yvonne Crilly (F45) | 129 Sue McDowell (F45) | 130 Louise Crilly (U20) |
|-------------------------|------------------------|-------------------------|

**Lothian RC**

|                           |                           |                          |                        |
|---------------------------|---------------------------|--------------------------|------------------------|
| 131 Lorna Eades (F35)     | 132 Rosemary Ewing (F50)  | 133 Jill Horsburgh (F45) | 134 Kate Kitchen       |
| 135 Teresa McMenemy (F45) | 136 Christine Milne (F35) | 137 Edel Mooney          | 138 Helen Murray (F40) |

**Pitreavie AAC**

|                         |                         |                 |                |
|-------------------------|-------------------------|-----------------|----------------|
| 139 Alison Whyte (F35)  | 140 Jayne Clark         | 141 Donna Clark | 142 Lynn Clark |
| 143 Avril McQueen (F40) | 144 Evelyn Turner (F40) |                 |                |

**Portobello RC**

|                       |                       |                      |                 |
|-----------------------|-----------------------|----------------------|-----------------|
| 145 Sheena Sutherland | 146 Mary Hunter (F40) | 147 Amanda Henderson | 148 Sally Scott |
|-----------------------|-----------------------|----------------------|-----------------|

**Stirling Univ AC**

149 Begona Julian

**Unattached**

150 Catriona Morrison

## Senior/Junior Men    RACE STARTS 2.30

### Aberdeen AAC

|                        |                        |                      |                        |
|------------------------|------------------------|----------------------|------------------------|
| 1 Keith Charlton (M45) | 2 Benjamin Hukins      | 3 Frank Boyne (M40)  | 4 Mel Edwards (M60+)   |
| 5 Robert Thornhill     | 6 David Armitage (M55) | 7 Mark Haskett (U20) | 8 Darren Shinnie (U20) |
| 9 Alex Thoires (U20)   | 10 Myles Edwards (U20) |                      |                        |

### Banchory Stone

11 Martin Fitchie

### Carnegie H

|                          |                          |                            |                          |
|--------------------------|--------------------------|----------------------------|--------------------------|
| 12 Iain Taylor (M35)     | 13 Simon Plummer         | 14 Ruairidh Campbell (M35) | 15 Ian Stewart (M45)     |
| 16 Ian Johnston (M45)    | 17 Thomas Lawrence (M35) | 18 Chris Robison (M45)     | 19 Neil Campbell (M45)   |
| 20 Lewis Lawson (M40)    | 21 John Lambie (M40)     | 22 Stephen Greer (M45)     | 23 Ryan McKenzie         |
| 24 Robbie McKenzie (M40) | 25 Tommy Lawlor (M55)    | 26 Michael Cowie (M50)     | 27 Steven King (M35)     |
| 28 Mike Harvey (M40)     | 29 Phil Smithard (M55)   | 30 Alan Cockburn (M40)     | 31 John Hargreaves (U20) |
| 32 Peter Simpson (M45)   | 33 Duncan McGougan (M40) |                            |                          |

### Carnethy HRC

|                            |                  |                        |                 |
|----------------------------|------------------|------------------------|-----------------|
| 34 Esmond Tresidder        | 35 Simon Peachey | 36 Steven Fallon (M40) |                 |
| 37 Michael Wilkinson (M40) | 38 Mick James    | 39 Mark James          | 40 Jon Ashcroft |
| 41 Bob Waterhouse (M55)    |                  |                        |                 |

### Central AC

|                              |                            |                         |                          |
|------------------------------|----------------------------|-------------------------|--------------------------|
| 42 Robert Russell            | 43 Alastair Hay            | 44 Alasdair Anthony     | 45 Ross Houston          |
| 46 Lewis Millar              | 47 Alex Milne (M40)        | 48 Steve Laing (M45)    |                          |
| 49 Robert Hutchison (M40)    | 50 John Millar (M55)       | 51 David Hay (M45)      |                          |
| 52 Allister Hargreaves (M45) | 53 Stuart Watson (M40)     | 54 Philip Williams      | 55 Miguel Merayo         |
| 56 Gordon Adam (M45)         | 57 Hugh Buchanan (M45)     | 58 Hugh Kerr (M45)      | 59 David Eckersley (M40) |
| 60 Martin Crawford           | 61 James Drummond (M50)    | 62 Alan Gall (M50)      | 63 Philip Hendry (M40)   |
| 64 David Lindsay             | 65 Michael Gillespie (U20) | 66 Michael Wright (U20) | 67 Kyle Cowie (U20)      |
| 68 Murray MacLarty (U20)     | 69 Graham Harvey (U20)     |                         |                          |

### City of Edinburgh

|                              |                          |                           |                        |
|------------------------------|--------------------------|---------------------------|------------------------|
| 70 John Agnew (M45)          | 71 Roger Alsop (M40)     | 72 Graham Beal (M35)      | 73 Matthew Bell        |
| 74 John Blair (M40)          | 75 Graeme Brown (M35)    | 76 Scott Campbell         | 77 Yoann Colombet      |
| 78 Keith Dunlop              | 79 Martin Ferguson (M40) | 80 Owen Flage             | 81 Alistair Hennessey  |
| 82 William Gallacher (M55)   | 83 Darren Gauson         | 84 Jonathan Henderson     | 85 Richard Hope (M45)  |
| 86 Craig Houston             | 87 Brian Howie (M55)     | 88 Colin Hutt (M40)       | 89 Scott Innes (M35)   |
| 90 Mark Johnston             | 91 Andrew Laycock (M40)  | 92 Keith Lyall (M40)      | 93 Alex MacEwen (M50)  |
| 94 S Kealey                  | 95 Stephen Maniam        | 96 Juan Mareque           |                        |
| 97 Walter McCaskey (M60+)    | 98 Darryl McDonald (M40) | 99 Robert McFall (M60+)   | 100 Peter Middleton    |
| 101 Lars Ottemoller          | 102 Robert Riddell (M45) | 103 Garry Robertson (M40) |                        |
| 104 Martin Sneddon (M40)     | 105 John Steel (M40)     | 106 Eric Stevenson (M55)  | 107 Grant Stewart      |
| 108 Neil Thin (M45)          | 109 Scott Thomson        | 110 Adam Ward (M45)       | 111 Angus Wardlaw      |
| 112 Jonathan Whitehead (M50) | 113 Sean Wilkinson (M35) | 114 Robert Wiseman        | 115 Cliff Young (M40)  |
| 116 Kris Gauson (U20)        | 117 Mark Mitchell (U20)  | 118 Chris Black (U20)     | 119 Darren Steel (U20) |
| 120 Rhuairidh White (U20)    | 121 Ryan O'Hare (U20)    |                           |                        |

### Corstorphine AAC

|                                 |                           |                          |                     |
|---------------------------------|---------------------------|--------------------------|---------------------|
| 122 Moray Anderson              | 123 Martin Caldwell (M50) | 124 John Christy (M45)   | 125 Bryan Clark     |
| 126 Tom Ferrington              | 127 Keith Hood            | 128 David Law (M45)      | 129 Timothy Norwood |
| 130 Steven O'Brien              | 131 John O'Hara (M45)     | 132 Scott Pilkington     | 133 Ewan Stark      |
| 134 Jan-Bert Van Den Berg (M45) |                           | 135 Grant Wilkie (M35)   |                     |
| 136 Calum McKenzie (U20)        | 137 Neal Robb (U20)       | 138 Douglas Selman (U20) |                     |

### Dunbar R C

|                       |                          |                     |
|-----------------------|--------------------------|---------------------|
| 139 Ian Rowland (M40) | 140 Richard Taylor (M35) | 141 Ian Sills (M40) |
|-----------------------|--------------------------|---------------------|

### Dundee Hawkhill

|                            |                              |                            |                        |
|----------------------------|------------------------------|----------------------------|------------------------|
| 142 Gordon Watson (M50)    | 143 Stuart Kerr (M50)        | 144 Michael Galloway (M40) | 145 John Osborne (M40) |
| 146 Alan Lawson (M55)      | 147 Brian Cook (M45)         | 148 Neil Gunstone          |                        |
| 149 Matthew Strachan (M40) | 150 Alistair Macdonald (M40) |                            |                        |
| 151 Andrew Brookes (U20)   | 152 Ewan Glassey (U20)       |                            |                        |

### Dundee Road R

153 Alan McLeod (M60+) 154 Kenneth Mcleod

### **Edinburgh Uni**

|                         |                       |                      |                         |
|-------------------------|-----------------------|----------------------|-------------------------|
| 155 Huw Jones           | 156 Scott Fraser      | 157 Rupert Nash      | 158 Benedict Cole       |
| 159 Gwyn Bellamy        | 160 Nicholas Hansen   | 161 Iain Clark (U20) | 162 Oleg Chepelin (U20) |
| 163 Duncan Coombs (U20) | 164 Robert Kerr (U20) |                      |                         |

### **Falkirk Victoria H**

|                           |                           |                           |                        |
|---------------------------|---------------------------|---------------------------|------------------------|
| 165 John Denholm (M50)    | 166 Stephen Moore (M35)   | 167 Alasdair Stewart      | 168 David Bunyan (M55) |
| 169 Andrew Ronald (M35)   | 170 William Higgins (M45) | 171 Michael McQuaid (M40) | 172 John Martin (M50)  |
| 173 Alexander Davidson    | 174 John Stevenson (M45)  | 175 David Robertson (M40) | 176 Kerr Johnstone     |
| 177 Colin McCluskie (U20) | 178 Gary Smith (U20)      |                           |                        |

### **Ferranti AAC**

|                           |                         |                          |
|---------------------------|-------------------------|--------------------------|
| 179 Edward McDonald (M55) | 180 Trevor Ridley (M50) | 181 Robert Miller (M40)  |
| 182 Alex Bell (M45)       | 183 Keith Weston (M60+) | 184 Walter Fairnie (M40) |
| 186 Keith Nicol (M50)     |                         | 185 James Shaw (M60+)    |

### **Fife AC**

|                               |                               |                         |                         |
|-------------------------------|-------------------------------|-------------------------|-------------------------|
| 187 Bryce Aitken (M45)        | 188 David Anderson (M40)      | 189 Andrew Barker (M55) | 190 Gary Barker (M50)   |
| 191 Graham Bee                | 192 Graham Bennison (M60+)    |                         | 193 Thomas Donaldson    |
| 194 Nigel Fowle (M35)         | 195 David Francis (M55)       | 196 Owen Greene         |                         |
| 197 Douglas Gunstone (M55)    | 198 Alasdair Hood (M45)       | 199 Andrew Howett       | 200 Martin Hutson (M45) |
| 201 Andrew Lemoncello         | 202 Daniel MacQueen           | 203 Frank McLaren (M55) |                         |
| 204 Alan Meiklejohn (M60+)    | 205 Gary Pirie                | 206 Ian Poolman         |                         |
| 207 Alastair Robertson (M60+) | 208 Christopher Russell (M35) |                         | 209 Markus Schlosser    |
| 210 Tom Scott (M55)           | 211 David Shepherd (M40)      | 212 Bill Smith (M35)    |                         |
| 213 Andrew Wright (M60+)      | 214 Neil Young                | 215 Alex Jones (U20)    | 216 Thomas Greene       |
| 217 Alastair Bagnall (M50)    |                               |                         |                         |

### **Gala Harriers**

|                          |                             |                           |                        |
|--------------------------|-----------------------------|---------------------------|------------------------|
| 218 Graeme Murdoch       | 219 Euan Jardine            | 220 Martin Clarke (M50)   | 221 Fergus Johnston    |
| 222 Malcolm Gowans (M40) | 223 Robert McCrirrick (M40) | 224 Alistair Wright (M45) |                        |
| 225 Will McDermott (M45) | 226 Alan Goodson (M45)      | 227 Thomas Knox (M40)     |                        |
| 228 John Borthwick (M35) | 229 Gregor McAneny          | 230 David Darroch (M45)   | 231 David Hunter (M45) |
| 232 Anthony Lunn (M40)   | 233 Damon Rodwell (M35)     | 234 Ewan Lindores (U20)   | 235 Rory Methven (U20) |

### **George Heriots**

|                           |                       |
|---------------------------|-----------------------|
| 236 David Armstrong (M45) | 237 Rory Downie (U20) |
|---------------------------|-----------------------|

### **Haddington ELP**

|                             |                         |                           |
|-----------------------------|-------------------------|---------------------------|
| 238 Paddy McDonald (M55)    | 239 Brian Carr (M55)    |                           |
| 240 George Armstrong (M60+) | 241 Sandy Wallace (M55) | 242 Gavin Lightwood (M45) |
|                             |                         | 243 James Baird (M45)     |

### **Harmeny AC**

|                           |                         |                        |
|---------------------------|-------------------------|------------------------|
| 244 Paul Thompson (M40)   | 245 Robert Turner       | 246 Thomas White (M45) |
| 247 Andreas Wilhelm (M35) | 248 Alan Grierson (M40) | 249 David Gibson (M45) |

### **Hunters Bog T**

|                         |                             |                          |                         |
|-------------------------|-----------------------------|--------------------------|-------------------------|
| 250 Duncan Baker (M45)  | 251 Tom Barr                | 252 Stewart Barrie (M35) | 253 Steven Cairns (M35) |
| 254 Ian Campbell (M40)  | 255 Colin Farquharson (M45) | 256 Alistair Hart (M35)  | 257 Will Mair           |
| 258 Ian Marshall (M55)  | 259 Billy Minto (M40)       | 260 Daniel Gay           | 261 Philip Mowbray      |
| 262 Donald Naylor (M35) | 263 Ivor Normand (M40)      | 264 Jon Rathjen (M35)    | 265 Mark Roberts (M35)  |
| 266 Neil Thomas (M35)   | 267 Richard Wall (M50)      | 268 Ray Ward             | 269 Ian Wellock         |
| 270 David Wright        | 271 Murray Strain           |                          |                         |

### **Lasswade AAC**

|                        |                             |                        |                          |
|------------------------|-----------------------------|------------------------|--------------------------|
| 272 Ben Mitchell (M35) | 273 Barney Phillips         | 274 John Murray        | 275 Paul Elliot          |
| 276 Daryl Philip       | 277 Kenneth Valentine (M35) | 278 William Rose (M40) | 279 Ross Finlayson (U20) |

### **Livingston & Dist**

|                               |                            |                        |
|-------------------------------|----------------------------|------------------------|
| 280 Christopher Northam (M55) | 281 George Gilhooley (M45) | 282 Ian Leggett (M60+) |
| 283 Andrew Sneddon (M45)      |                            |                        |

### **Lothian RC**

|                           |                            |                 |                       |
|---------------------------|----------------------------|-----------------|-----------------------|
| 284 James Alexander (M40) | 285 Richard Docherty (M40) | 286 Iain Donnan | 287 David Eades (M35) |
| 288 Mark Kassyk (M45)     | 289 Steven Lawrie          | 290 Ross Milne  |                       |

291 Harry Mulholland (M40) 292 Murray Robertson (M35) 293 Jim Salvage (M40)  
294 Darren Thomson (U20)

**Metro Aberdeen**

295 Andrew Reid 296 Bjoern Reiss 297 Mark Bilton 298 John Lenehan  
299 David Nugent (M40) 300 William Reid (M40)

**Pitreavie AAC**

301 Barry Davie 302 Kevin Davie 303 Alasdair Donaldson  
304 Archibald Duncan (M60+) 305 Jeff Farquhar (M45) 306 Stephen Irwin 307 Paul McCloskey  
308 John Newsom 309 Colin Simpson (M50) 310 Derek Simpson 311 Neil Maclachlan  
312 Stephen Skene (M40) 313 David McQueen (M40) 314 Barry McCleery

**Portobello RC**

315 Keith Mayfield (M40) 316 Peter Buchanan (M40) 317 Gerard Scullion (M40) 318 William Jarvie (M45)  
319 Scott Jarvie (M45) 320 Graham Henry (M40)

**Stirling Univ AC**

321 Mouillard Sylvain 322 Colin Dalziel (U20) 323 Thomas Paskins (U20)

**Teviotdale Harriers**

324 David Cavers (M40) 325 Darrell Hastie 326 Raymond Jaffray (M40) 327 Alan Inglis (M35)  
328 Keith Murray (M40) 329 Craig Grieve (M35) 330 Alan Coltman (M35) 331 Bill Knox (M50)  
332 Alister Biggar (M35) 333 Robert Cranston (M40) 334 Billy Fraser (M45) 335 Gareth Mayze  
336 James Pittillo (M60+) 337 Kenneth Short (M40) 338 Jonathan Taylor